



Fort Walton Beach and Destin

"To instill confidence and self motivation through the sport of competitive swimming."

Thank you for your interest in becoming a Swim Coach for Emerald Coast Swimming. There are 5 items that have to be completed before you can be a coach. There are 3 classes that must be taken, a USA membership form that must be filled out and finally a USA swimming background check that must be conducted before you can coach on the deck.

Please follow the directions below. [This sheet of paper is your personal check list](#). Once you have completed all five tasks, please contact Len Strom at 585-4749 or at lenstrom@embarqmail.com. Thank you for your support. Before taking a class, make sure the course is approved by USA Swimming. See the approved course list.

New Coach's name: _____

Check list for becoming a coach:

1. **CPR class** You must take a Red Cross CPR Class or another class which is recognized by USA Swimming. See USA Swimming approved course list.
2. **First Aid class** You must take a Red Cross First Aid Class or one that is recognized by USA Swimming. See USA Swimming approved course list.
3. **Coaches Safety Course class** You must take a Red Cross Coaches' Safety class.
4. **USA Registration** Coach Len will email your non-athlete form to you or you can download one off the website (Right side of Home page: Click on "Swimming Forms". Fill out this form and provide a check for \$44.00 made out to *Emerald Coast Swimming Booster Club Inc.*)
5. **USA Swimming background check** For the background check: Log on to USA Swimming at: <http://www.usaswimming.org> Click on "**Coaches**". Follow the instructions. There is a charge for this service. It's approximately \$20.00. You will have to give them a credit card number. After completing the background check you will receive an email informing you of the results. Make a copy of it, and provide it along with all the above documentation to Len Strom (see below).

What to do with the paper work?

Collect your certification cards from your classes (3ea), the non-athlete membership form and check, and your USA background check notice and make copies of them (front and back) and drop them in Coach Len's folder at the pool. Call or email him to inform him that all your paperwork is complete. All paperwork has to be 100% complete before he can submit it.

After he receives all five items, he will then send this information to Tom Healey at SES swimming. Once Tom receives this complete package of documents, he will then inform Len when the applicant is able to be on deck as a coach. Len will then in turn contact the applicant and the coaching staff at the pool.

Call Len or email him anytime, if you have any questions.
850-585-4749 or lenstrom@embarqmail.com