

# *Emerald Coast Swimming*

## Team Records - Girls Long Course Meters

Updated 5-20-2011

<b>Rank</b>	<b>Time</b>	<b>Athlete</b>	<b>Age at Meet</b>	<b>Swim Date</b>	<b>Meet Name</b>
<b>Girls 8 &amp; Under 50 Free</b>					
1	36.50L	Strom, Emma	8	7/27/2006	2006 Southeastern LC Championships
<b>Girls 8 &amp; Under 100 Free</b>					
1	1:23.98L	Strom, Emma	8	5/12/2006	2006 SE CMSA Spirit of Mobile Meet*
<b>Girls 8 &amp; Under 200 Free</b>					
1	2:53.01L	Strom, Emma	8	6/23/2006	2006 SE ATAC Long Course Open
<b>Girls 8 &amp; Under 400 Free</b>					
1	6:01.82L	Strom, Emma	8	7/27/2006	2006 Southeastern LC Championships
<b>Girls 8 &amp; Under 1500 Free</b>					
1	30:20.17L	Strom, Olivia	8	7/19/2003	2003 SE District LC Championships
<b>Girls 8 &amp; Under 50 Back</b>					
1	44.64L	Rudman, Emma	8	6/23/2006	2006 SE ATAC Long Course Open
<b>Girls 8 &amp; Under 100 Back</b>					
1	1:37.83L	Dawson, Sydney	8	8/3/2007	2007 AAU Junior Olympic Games*
<b>Girls 8 &amp; Under 200 Back</b>					
1	4:27.51L	Heapy, Mary	8	7/19/2003	2003 SE District LC Championships
<b>Girls 8 &amp; Under 50 Breast</b>					
1	49.60L	Strom, Emma	8	6/23/2006	2006 SE ATAC Long Course Open
<b>Girls 8 &amp; Under 100 Breast</b>					
1	1:47.50L	Strom, Emma	8	7/27/2006	2006 Southeastern LC Championships
<b>Girls 8 &amp; Under 200 Breast</b>					
1	4:06.36L	Strom, Olivia	8	7/19/2003	2003 SE District LC Championships
<b>Girls 8 &amp; Under 50 Fly</b>					
1	41.88L	Strom, Emma	8	6/23/2006	2006 SE ATAC Long Course Open

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<b>Girls 8 &amp; Under 100 Fly</b>					
1	1:36.13L	Strom, Emma	8	7/27/2006	2006 Southeastern LC Championships
<b>Girls 8 &amp; Under 200 IM</b>					
1	3:16.42L	Strom, Emma	8	5/12/2006	2006 SE CMSA Spirit of Mobile Meet*
<b>Girls 9-10 50 Free</b>					
1	31.82L	Rudman, Emma	10	4/24/2009	2009 SE PCST LC Open
<b>Girls 9-10 100 Free</b>					
1	1:08.76L	Rudman, Emma	10	4/24/2009	2009 SE PCST LC Open
<b>Girls 9-10 200 Free</b>					
1	2:26.21L	Rudman, Emma	10	4/24/2009	2009 SE PCST LC Open
<b>Girls 9-10 400 Free</b>					
1	5:05.65L	Rudman, Emma	10	4/24/2009	2009 SE PCST LC Open
<b>Girls 9-10 50 Back</b>					
1	37.09L	Strom, Emma	10	7/17/2008	2008 SE Southeastern LC Championships
<b>Girls 9-10 100 Back</b>					
1	1:19.85L	Reynolds, Ashley	10	7/25/2010	2010 SE Southeastern LC Championships
<b>Girls 9-10 200 Back</b>					
1	2:54.26L	Reynolds, Ashley	10	5/15/2010	2010 SE GPAC Spring Fling
<b>Girls 9-10 50 Breast</b>					
1	43.70L	Reynolds, Ashley	10	6/26/2010	2010 SE Richard Quick Invitational
<b>Girls 9-10 100 Breast</b>					
1	1:33.24L	Strom, Emma	10	6/27/2008	2008 ATAC Long Course Open
<b>Girls 9-10 200 Breast</b>					
1	3:17.15L	Reynolds, Ashley	10	5/16/2010	2010 SE GPAC Spring Fling

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<b>Girls 9-10 50 Fly</b>					
1	33.58L	Rudman, Emma	10	4/24/2009	2009 SE PCST LC Open
<b>Girls 9-10 100 Fly</b>					
1	1:15.82L	Strom, Emma	10	7/17/2008	2008 SE Southeastern LC Championships
<b>Girls 9-10 200 Fly</b>					
1	3:15.69L	Reynolds, Ashley	10	5/16/2010	2010 SE GPAC Spring Fling
<b>Girls 9-10 200 IM</b>					
1	2:45.01L	Strom, Emma	10	7/17/2008	2008 SE Southeastern LC Championships
<b>Girls 9-10 400 IM</b>					
1	6:12.09L	Reynolds, Ashley	10	5/15/2010	2010 SE GPAC Spring Fling
<b>Girls 11-12 50 Free</b>					
1	29.79L	Krause, Kalanne	11	7/23/2009	2009 Southeastern LC Championships*
<b>Girls 11-12 100 Free</b>					
1	1:05.40L	Strom, Emma	12	4/25/2010	2010 SE PCST Long Course Open
<b>Girls 11-12 200 Free</b>					
1	2:22.02L	Rudman, Emma	12	4/16/2011	2011 SE PCST Paradise LC Meet
<b>Girls 11-12 400 Free</b>					
1	4:56.55L	Rudman, Emma	12	4/15/2011	2011 SE PCST Paradise LC Meet
<b>Girls 11-12 800 Free</b>					
1	10:05.20L	Strom, Emma	12	7/22/2010	2010 Southeastern LC Championships
<b>Girls 11-12 50 Back</b>					
1	34.87L	Rasor, Tonya	11	1/1/1994	1994 Top Ten Times LCM
<b>Girls 11-12 100 Back</b>					
1	1:14.43L	Strom, Emma	12	6/26/2010	2010 SE Richard Quick Invitational

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<b>Girls 11-12 200 Back</b>					
1	3:09.69L	Strom, Olivia	11	5/12/2006	2006 SE CMSA Spirit of Mobile Meet*
<b>Girls 11-12 50 Breast</b>					
1	39.96L	Strom, Amelia	12	5/10/2008	2008 SE CMSA Spirit of Mobile Meet
<b>Girls 11-12 100 Breast</b>					
1	1:26.77L	Strom, Amelia	12	6/6/2008	2008 SE LC Summer Kick Off Classic
<b>Girls 11-12 200 Breast</b>					
1	3:20.42L	Baumgartner, Shelby	11	5/23/2003	2003 Montgomery YMCA Jubilee City Open
<b>Girls 11-12 50 Fly</b>					
1	32.19L	Rasor, Tonya	11	1/1/1994	1994 Top Ten Times LCM
<b>Girls 11-12 100 Fly</b>					
1	1:11.63L	Rasor, Tonya	11	1/1/1994	1994 Top Ten Times LCM
<b>Girls 11-12 200 Fly</b>					
1	2:45.13L	Rasor, Tonya	11	1/1/1994	1994 Top Ten Times LCM
<b>Girls 11-12 200 IM</b>					
1	2:38.00L	Strom, Emma	12	6/26/2010	2010 SE Richard Quick Invitational
<b>Girls 11-12 400 IM</b>					
1	6:06.02L	Krause, Kalanne	11	4/24/2009	2009 SE PCST LC Open
<b>Girls 13-14 50 Free</b>					
1	28.64L	Rasor, Tonya	13	8/1/1995	1995 Top Ten Times LCM*
<b>Girls 13-14 100 Free</b>					
1	1:00.46L	Rasor, Tonya	13	8/1/1995	1995 Top Ten Times LCM*
<b>Girls 13-14 200 Free</b>					
1	2:17.04L	Rasor, Tonya	13	8/1/1995	1995 Top Ten Times LCM*

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<b>Girls 13-14 400 Free</b>					
1	4:45.65L	Strom, Olivia	14	7/23/2009	2009 Southeastern LC Championships*
<b>Girls 13-14 800 Free</b>					
1	9:58.55L	Nagy, Betsy	13	8/1/1995	1995 Top Ten Times LCM*
<b>Girls 13-14 1500 Free</b>					
1	18:24.98L	Rasor, Heather	13	6/30/1997	1997 Top Ten Times LCM*
<b>Girls 13-14 50 Back</b>					
1	28.12L	Birmingham, Alexa	14	4/24/2009	2009 SE PCST LC Open
<b>Girls 13-14 100 Back</b>					
1	1:12.04L	Baumgartner, Keela	14	7/24/2003	2003 Southeastern LC Championships
<b>Girls 13-14 200 Back</b>					
1	2:33.20L	Rasor, Tonya	13	8/1/1995	1995 Top Ten Times LCM*
<b>Girls 13-14 50 Breast</b>					
1	39.24L	Strom, Amelia	14	6/25/2010	2010 SE Richard Quick Invitational
<b>Girls 13-14 100 Breast</b>					
1	1:24.72L	Carr, Jessica	14	5/18/2002	2002 GPAC Spring LC Invitational
<b>Girls 13-14 200 Breast</b>					
1	2:56.43L	Rasor, Heather	13	6/30/1997	1997 Top Ten Times LCM*
<b>Girls 13-14 50 Fly</b>					
1	33.25L	Rudman, Emma	13	5/14/2011	2011 SE GPAC Spring Fling Invitational
<b>Girls 13-14 100 Fly</b>					
1	1:09.72L	Rasor, Tonya	14	6/30/1997	1997 Top Ten Times LCM*
<b>Girls 13-14 200 Fly</b>					
1	2:43.58L	Nagy, Betsy	13	8/1/1995	1995 Top Ten Times LCM*

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<b>Girls 13-14 200 IM</b>					
1	2:34.00L	Rasor, Tonya	13	8/1/1995	1995 Top Ten Times LCM*
<b>Girls 13-14 400 IM</b>					
1	5:32.77L	Nagy, Betsy	13	8/1/1995	1995 Top Ten Times LCM*
<b>Girls 15 &amp; Over 50 Free</b>					
1	27.59L	Holler, Shiara	16	7/1/1996	1996 Top Ten Times LCM*
<b>Girls 15 &amp; Over 100 Free</b>					
1	59.99L	Rasor, Tonya	15	7/1/1997	1997 Top Ten Times LCM
<b>Girls 15 &amp; Over 200 Free</b>					
1	2:13.99L	Rasor, Tonya	15	7/1/1997	1997 Top Ten Times LCM
<b>Girls 15 &amp; Over 400 Free</b>					
1	4:41.66L	Nagy, Betsy	15	7/1/1997	1997 Top Ten Times LCM
<b>Girls 15 &amp; Over 800 Free</b>					
1	9:38.25L	Nagy, Betsy	15	7/1/1997	1997 Top Ten Times LCM
<b>Girls 15 &amp; Over 1500 Free</b>					
1	17:58.37L	Nagy, Betsy	15	7/1/1997	1997 Top Ten Times LCM
<b>Girls 15 &amp; Over 50 Back</b>					
1	22.15LL	Parsons, Christine	16	4/24/2009	2009 SE PCST LC Open
<b>Girls 15 &amp; Over 100 Back</b>					
1	1:09.98L	Laughlin, Samantha	17	7/23/2009	2009 Southeastern LC Championships*
<b>Girls 15 &amp; Over 200 Back</b>					
1	2:13.63L	Nagy, Betsy	15	7/1/1997	1997 Top Ten Times LCM
<b>Girls 15 &amp; Over 50 Breast</b>					
1	40.46L	Strom, Olivia	15	6/25/2010	2010 SE Richard Quick Invitational

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<b>Girls 15 &amp; Over 100 Breast</b>					
1	1:22.35L	Holler, Shiara	16	7/1/1996	1996 Top Ten Times LCM*
<b>Girls 15 &amp; Over 200 Breast</b>					
1	2:52.70L	Rasor, Heather	15	6/12/1999	1999 Top Ten Times LCM
<b>Girls 15 &amp; Over 50 Fly</b>					
1	31.06L	Corvo, Cheryl	17	6/26/2009	2009 SE Tiger Summer Invitational
<b>Girls 15 &amp; Over 100 Fly</b>					
1	1:05.74L	Holler, Shiara	16	7/1/1996	1996 Top Ten Times LCM*
<b>Girls 15 &amp; Over 200 Fly</b>					
1	2:36.46L	Nagy, Betsy	15	7/1/1997	1997 Top Ten Times LCM
<b>Girls 15 &amp; Over 200 IM</b>					
1	2:28.57L	Nagy, Betsy	15	7/1/1997	1997 Top Ten Times LCM
<b>Girls 15 &amp; Over 400 IM</b>					
1	5:17.60L	Nagy, Betsy	15	7/1/1997	1997 Top Ten Times LCM